



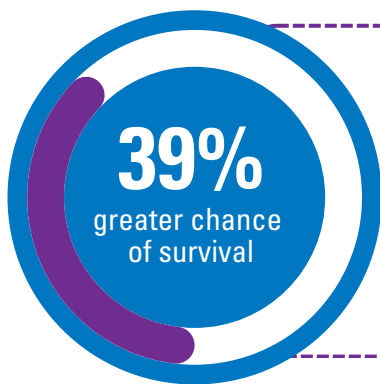
ResMed

## Patients With OSA Can Live Longer on CPAP Therapy

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Analysis of real-world French health insurance data from the ALASKA project demonstrates that CPAP therapy offers increased chances of survival for OSA patients who maintain their treatment throughout the first year. Additionally, these findings underscore the survival benefits for patients who choose to resume use after initially discontinuing CPAP.

### First CPAP Use

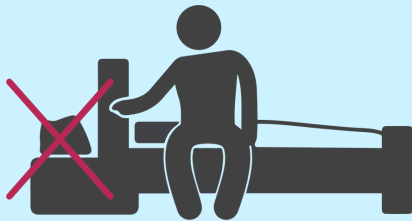


Compared to those who terminated CPAP therapy during the first year, those who continued therapy during the first year benefited from<sup>1</sup>:

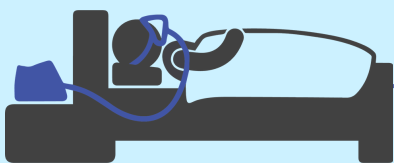
- 💙 39% greater chance of survival
- 💙 25% lower risk of developing hypertension
- 💙 23% lower risk of developing heart failure

### CPAP Resumption

26% of individuals who stopped using CPAP after initial therapy initiation...



...resumed CPAP within the next year.



65% of these individuals remain on CPAP another year later.

38%  
greater chance of survival

Those who resumed and continued CPAP had a 38% greater chance of survival during the first year compared to those who stopped CPAP a second time.<sup>2</sup>

Significant predictors of CPAP continuation after resumption include:



Male sex



Prescriber



Hypertension



CPAP therapy has significant benefits on survival, even if previously discontinued. OSA patients who do not respond to initial CPAP therapy should be considered for a second trial to ensure that effective therapy is not withheld from those who might benefit.

This content is intended for health professionals only.

1. Pépin JL et al. Relationship Between CPAP Termination and All-Cause Mortality: A French Nationwide Database Analysis. Chest. 2022 Jun;161(6):1657-1665. doi: 10.1016/j.chest.2022.02.013.  
2. Pépin JL et al. CPAP resumption after a first termination and impact on all-cause mortality in France. Eur Respir J. 2024 Feb 1;63(2):2301171. doi: 10.1183/13993003.01171-2023.

e-santé

hp<sup>2</sup>  
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