

## Fitting guide for AirFit F10



- Remove the elbow from the mask by pressing the side buttons and pulling it out.



- Take off the lower headgear straps and hold the cushion to the face. Align the bottom with the crease of the chin and the top with the corner of the eye.
- Then pull the headgear over the head.



- Undo the fastening tabs on the upper headgear straps.
- Adjust both straps evenly until the mask feels stable, then reattach the tabs.



- Bring the lower straps below the ears and loop the headgear into the lower hooks on each side of the frame.



- Adjust the lower headgear straps evenly until the mask feels stable.
- The fitting should be firm yet comfortable. Do not over-tighten.



- Connect device air tubing to the elbow, then attach the elbow to the mask by pressing in the side buttons, then push it into the mask.
- Turn on the device so it blows air.
- The patient now lies down to make any final adjustments if required.



- Undo the tabs on the upper headgear straps.
- Reposition both straps evenly, only enough so a seal is achieved, then reattach the tabs.
- The mask is now ready to use.



### Additional options

- Position the lower part of the headgear over or under the hair to suit the hairstyle preference.
- Optional soft sleeves may be assembled for even more comfort on the cheeks.

Note: For more details, refer to the AirFit F10 User Guide.

## Optimal cushion positioning



Align the bottom of the cushion with the crease of the chin and the top of the cushion with the corner of the eye.



AirFit F10 sits on the nose at, or below, eye level.



## Full face benefits in a compact size

ResMed's AirFit™ F10 full face mask is part of ResMed's AirFit range – the right fit for you. Its lightweight, streamlined design enhances comfort and ease-of-use, while its headgear and frame work in synergy, to deliver the same performance and stability you have grown to trust in a ResMed traditional full face mask.

### Superior comfort

AirFit F10's sleek, lightweight design gives patients a clear line of sight so they can read, watch TV or even wear glasses while wearing the mask. In fact, 75% of patients found AirFit F10 to be more comfortable than their current ResMed traditional full face mask.\*

### Proven performance

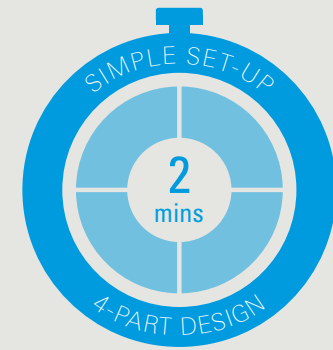
The dual-wall Spring Air™ cushion provides a secure seal for better performance. When asked about AirFit F10's seal and stability, the majority of patients we spoke to, told us that it outperformed their ResMed traditional full face mask.\*

### Ease-of-use

The mask's four-part design makes it easy for you to demonstrate and for patients to take apart, clean and reassemble. Its intuitive design seamlessly integrates into your patient's bedtime routine.

# Quick to fit, easy to use

A recent ResMed study showed that the majority of patients could be set up and fitted with AirFit F10 in under two minutes.\* Thanks to its built-in simplicity and four-part design, the mask is also easier for patients to use — helping to reduce call backs and save time. You can be sure AirFit F10 is the right fit for your business.



## AirFit F10 features and benefits

**SoftEdge™ headgear** is gentle on the skin and features premium rolled-edge fabric for reduced facial marking.

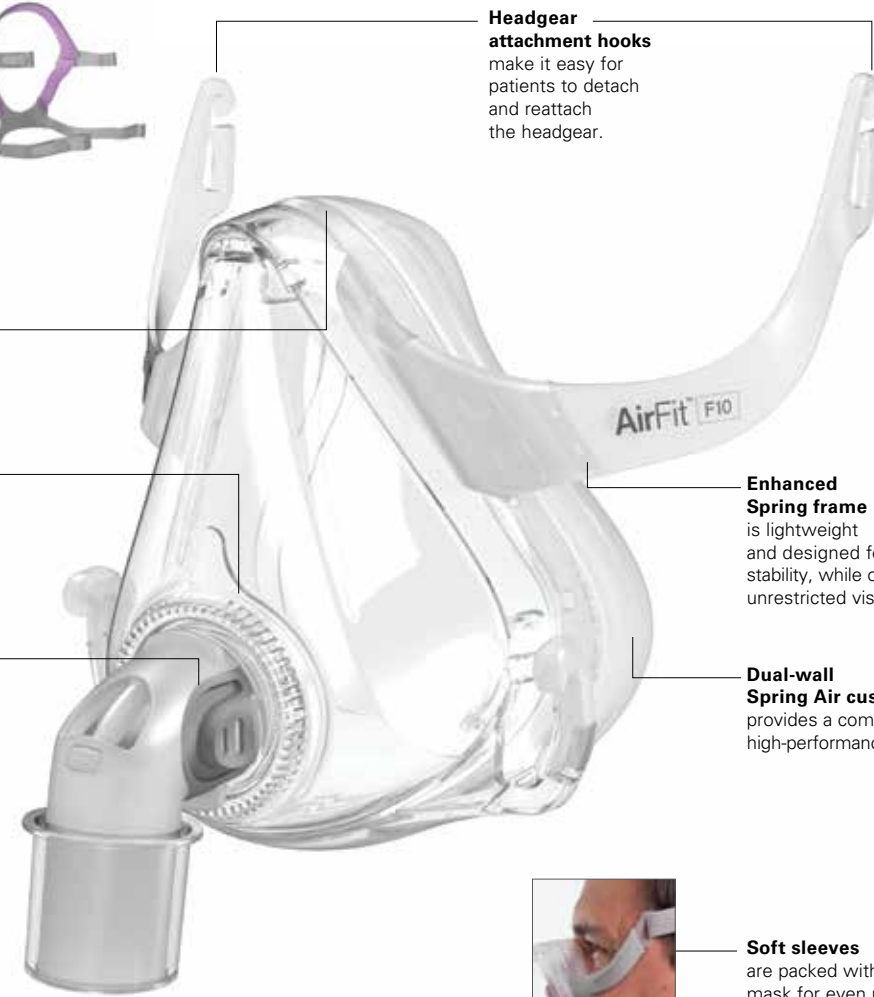


**Headgear attachment hooks** make it easy for patients to detach and reattach the headgear.

**Cushion-to-frame connection** makes attaching the cushion to the robust frame easy.

**Circular diffused venting** disperses air gently and quietly away from the bed partner.

**Quick-release elbow** with side buttons for fast detachment.



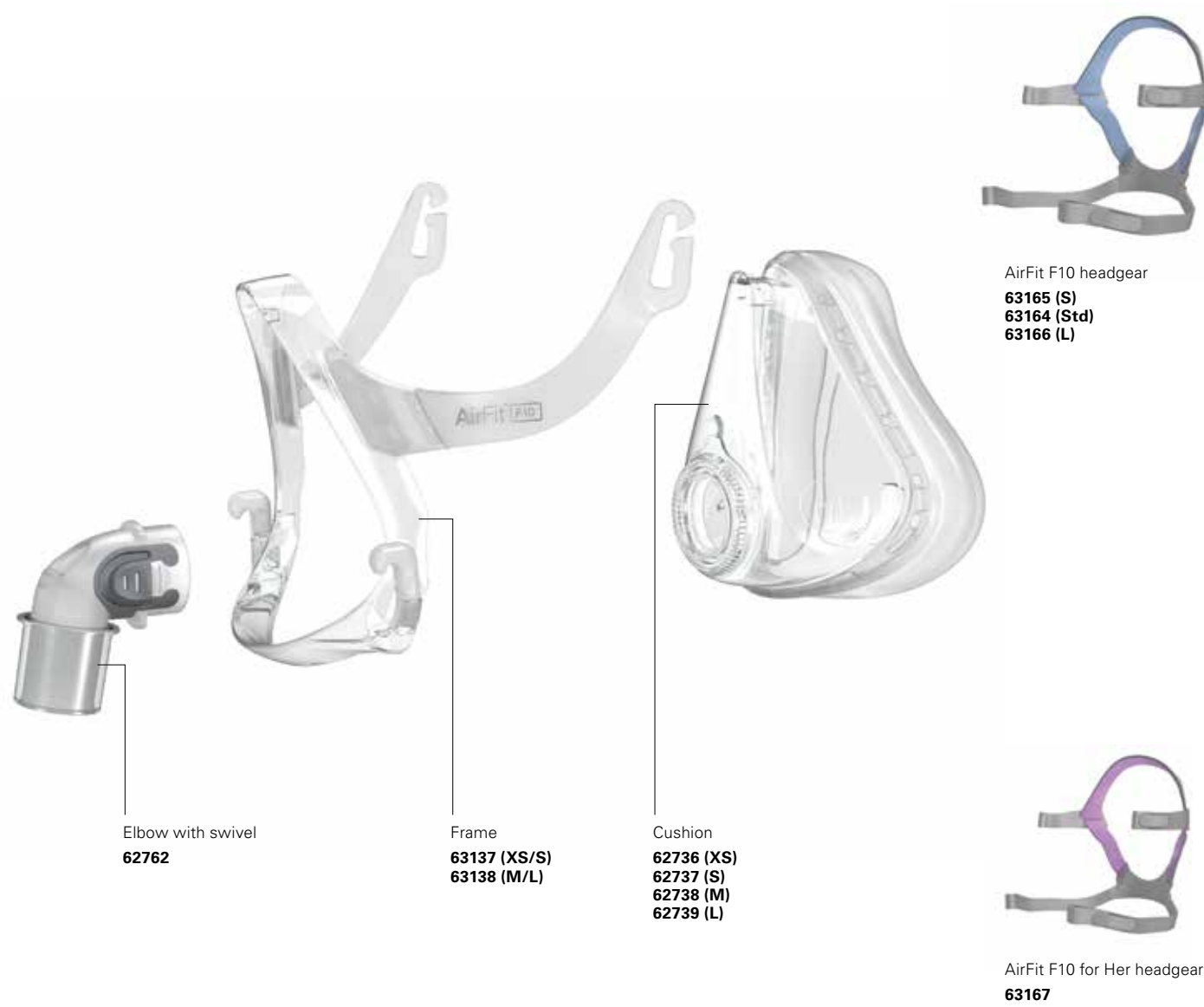
**Enhanced Spring frame** is lightweight and designed for stability, while offering unrestricted vision.

**Dual-wall Spring Air cushion** provides a comfortable, high-performance seal.



**Soft sleeves** are packed with the mask for even more patient comfort.

## AirFit F10 components



Elbow with swivel  
62762

Frame  
63137 (XS/S)  
63138 (M/L)

Cushion  
62736 (XS)  
62737 (S)  
62738 (M)  
62739 (L)

AirFit F10 headgear  
63165 (S)  
63164 (Std)  
63166 (L)

AirFit F10 for Her headgear  
63167

**Note:** For more details, refer to the AirFit F10 User Guide.

### Product codes

(Complete mask system)

	Europe 1	Europe 2	Europe 3
AirFit F10: X-Small	63104**	-	-
AirFit F10: Small	63105	63109	63113
AirFit F10: Medium	63106	63110	63114
AirFit F10: Large	63107	63111	63115
AirFit F10 for Her: X-Small	63142	63145	63148
AirFit F10 for Her: Small	63143	63146	63149
AirFit F10 for Her: Medium	63144	63147	63150

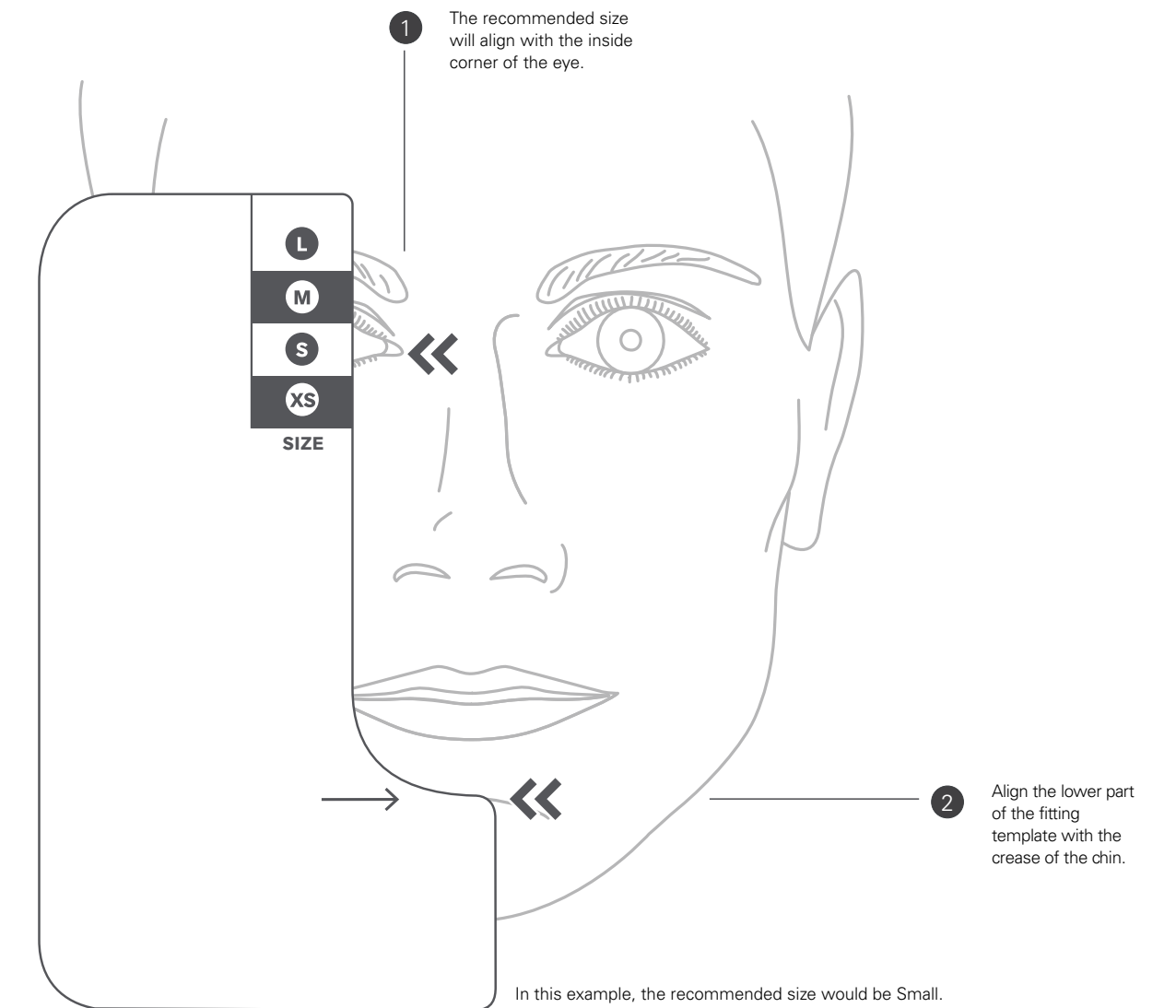
\*\*Not available in all countries

**Europe 1:** English (UK), French, German and Italian (Switzerland)  
**Europe 2:** English, Danish, Estonian, Finnish, Norwegian and Swedish  
**Europe 3:** English, Czech, Dutch (Belgium), French (Belgium), German (Belgium), Greek, Hungarian, Italian, Polish, Portuguese, Russian, Slovak, Spanish and Turkish



## AirFit F10 sizing tips

AirFit F10 is sized by aligning the lower part of the fitting template with the crease of the patient's chin. The recommended size is determined by the size on the template that aligns with the inside corner of the eye. Use this fitting template as a guide to size your patients for AirFit F10.



### Useful information

- Ensure the patient's mouth is relaxed and closed when sizing.