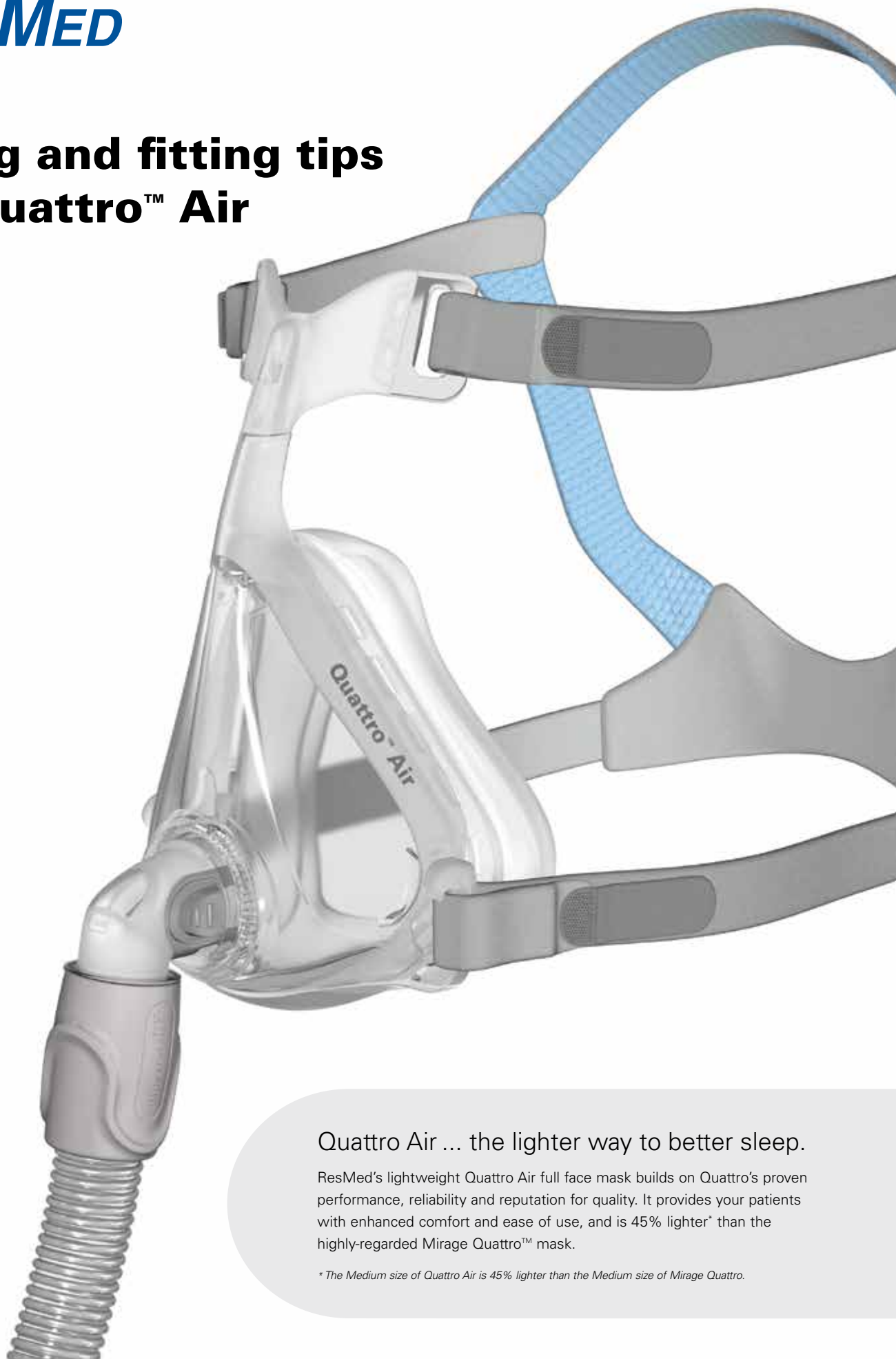


# RESMED

## Sizing and fitting tips for Quattro™ Air



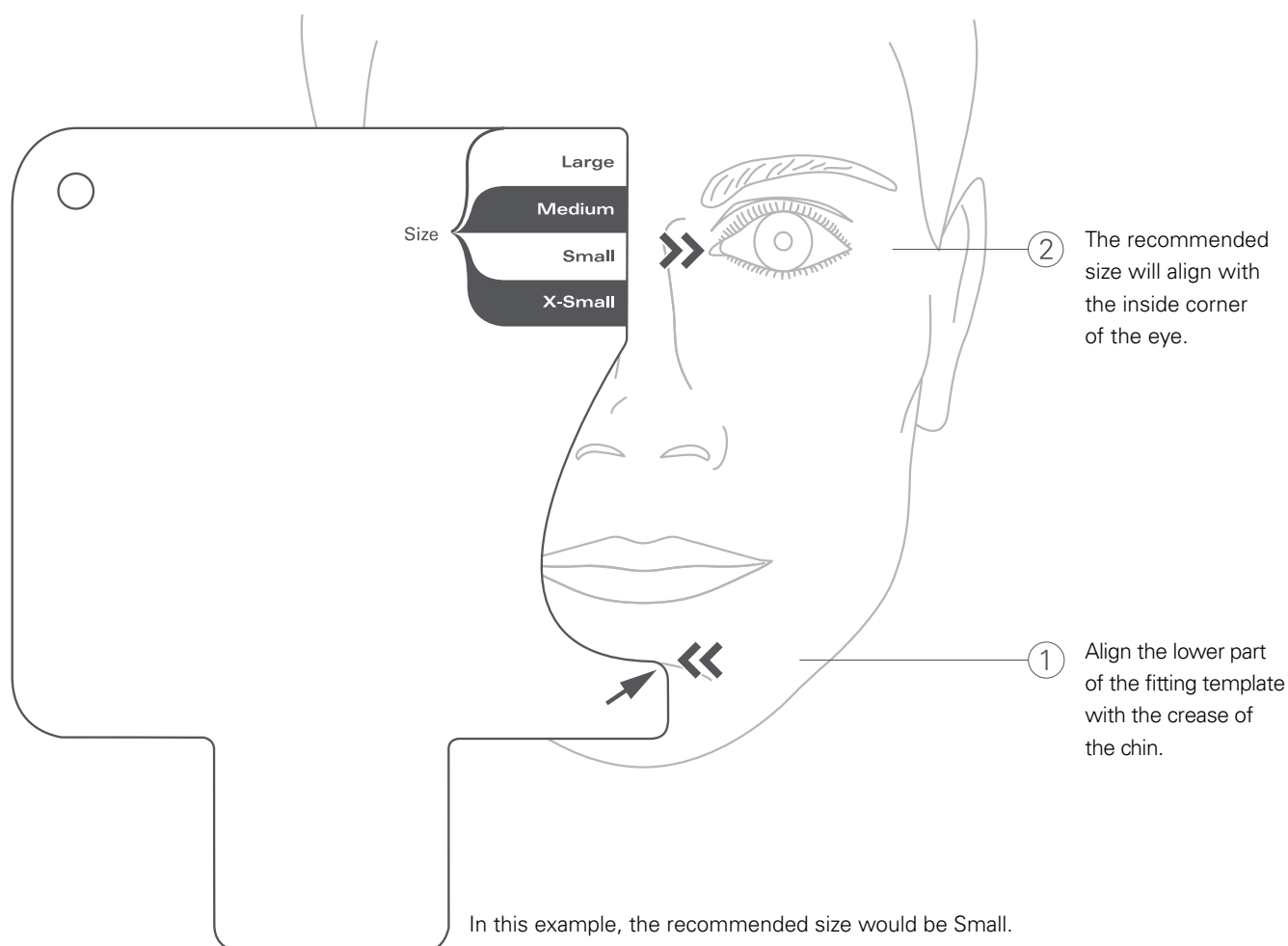
Quattro Air ... the lighter way to better sleep.

ResMed's lightweight Quattro Air full face mask builds on Quattro's proven performance, reliability and reputation for quality. It provides your patients with enhanced comfort and ease of use, and is 45% lighter\* than the highly-regarded Mirage Quattro™ mask.

\* The Medium size of Quattro Air is 45% lighter than the Medium size of Mirage Quattro.

## Quattro Air sizing tips

Quattro Air is sized by aligning the lower part of the fitting template with the crease of the chin. The recommended size is determined by the size on the template that aligns with the inside corner of the eye. Use this fitting template as a guide to size your patients for Quattro Air.



### Useful information

- Quattro Air appears smaller than Mirage Quattro, however there is a direct cross-walk with their cushion sizes for the majority of patients.
- Ensure the patient's mouth is relaxed and closed when sizing.

## Quattro Air fitting tips



- Remove the elbow from the mask by pressing in the side buttons and pulling it away. Make sure that both lower headgear straps are released.
- Ensure the base of the cushion sits in the crease of the chin and swing the mask towards the nose, then pull the headgear over the head.



- Adjust both straps of the upper headgear evenly until the mask is stable.



- Bring the lower straps below the ears and loop the headgear into the lower hooks on the frame.



- Adjust the lower headgear straps evenly until the mask is stable.
- The fitting should be firm yet comfortable.
- Do not over-tighten.



- Connect the air tubing from the device to the elbow.
- Attach the elbow to the mask by pressing the side buttons and pushing the elbow into the mask.
- Turn on your device so it blows air.
- Now lie down to make any final adjustments if required.



- You can lift the mask away from the face a short distance, then put it back in position. Ensure the lower part of the cushion sits in the crease of the chin.
- Undo the fastening tabs on the upper headgear straps. Reposition both the straps evenly, only enough until a seal is achieved, then reattach the tabs.
- The mask is now ready to use.

### Tips:

- When fitting the mask, ensure the base of the cushion sits at the crease of the patient's chin and then swing the mask upwards towards the patient's nose.
- Be careful not to over-tighten when adjusting the headgear straps.
- With the device blowing air, lift the cushion off the patient's face and then re-seat it, so the cushion inflates correctly.





## Optimal cushion positioning

Both Quattro Air and Quattro FX™ sit lower on the nasal bridge than Mirage Quattro. This improves the patient's vision, and shifts the sealing area away from the sensitive area at the tip of the nasal bridge.



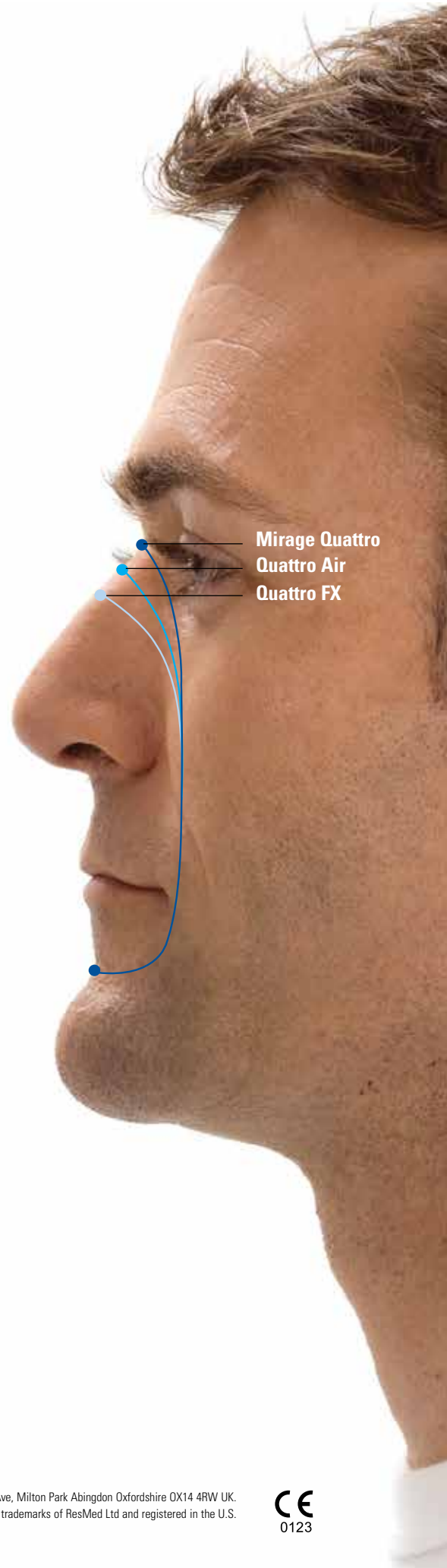
**Mirage Quattro** sits around the point of the deepest depression at the top of the nose (the sellion).



**Quattro Air** sits on the nose at around eye level, between Mirage Quattro and Quattro FX.



**Quattro FX** sits lower down the nose than the other ResMed full face masks, just below eye level.



Mirage Quattro  
Quattro Air  
Quattro FX

The cushion positions outlined above are approximate and apply for the majority of patients. They are to be taken as a guide only. For complete fitting instructions, please refer to the relevant User Guide.