



**AirFit™** N30  
Nasal cradle mask



**This is for the minimalists,**  
who want a mask that's simple.  
The sensitive sleepers  
who slip on their mask  
as easily as they slip off to sleep,  
and wake revitalised.



## An ultra-compact, minimalist mask

The ResMed AirFit N30 is an ultra-compact nasal cradle mask that offers a discreet and comfortable CPAP experience.<sup>1</sup> It features a QuietAir™ vent for patients who are sensitive to noise. To simplify fitting and facilitate stock management, the N30 has a streamlined structure with just one frame, one adjustable headgear piece and three cushion sizes. The small, unobtrusive AirFit N30 is a good alternative to a traditional nasal mask or nasal pillows mask.



## Designed to be discreet

The AirFit N30 was designed with a focus on discretion, simplicity and comfort. The advanced QuietAir vent diffuses air gently<sup>1</sup> and quietly<sup>2</sup> while the ultra-compact, under-the-nose design is particularly small and discreet.

**Adjustable headgear**  
The headgear is made of a soft material and can be adjusted for a personalised fit.



**Ultra-compact, under-the-nose design**

The soft nasal cradle cushion curves securely under the patient's nose, providing gentle but effective therapy and a good seal.<sup>1</sup>



**Diffused and quiet vent**  
The advanced QuietAir venting system diffuses air gently and quietly.<sup>1,2</sup>

**Flexible tubing**  
The N30 features short, lightweight flexi-tubing that allows patients to move around easily.

**Septum bridge membrane**

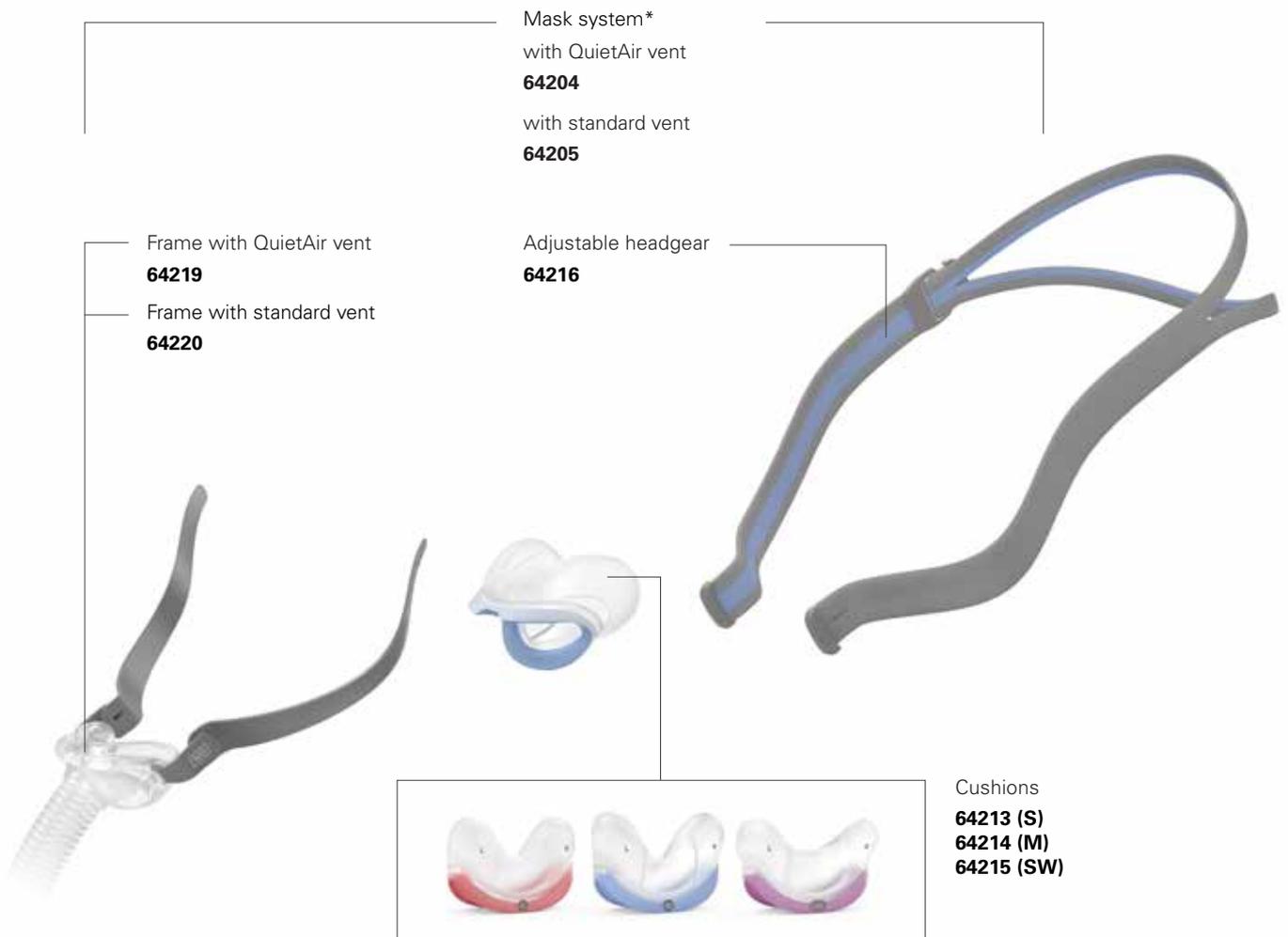
The nasal cradle cushion has a carefully engineered membrane that delivers a comfortable, good seal.<sup>1</sup>





## Minimalist design to keep it simple

The AirFit N30 has just three parts: a frame, adjustable headgear, and a cushion that comes in three colour-coded sizes. The convenient starter pack includes small and medium cushion sizes. A small wide cushion is available as a spare.



\* Mask system includes small and medium cushions, mask frame, and headgear. The small wide cushion is available as a spare.

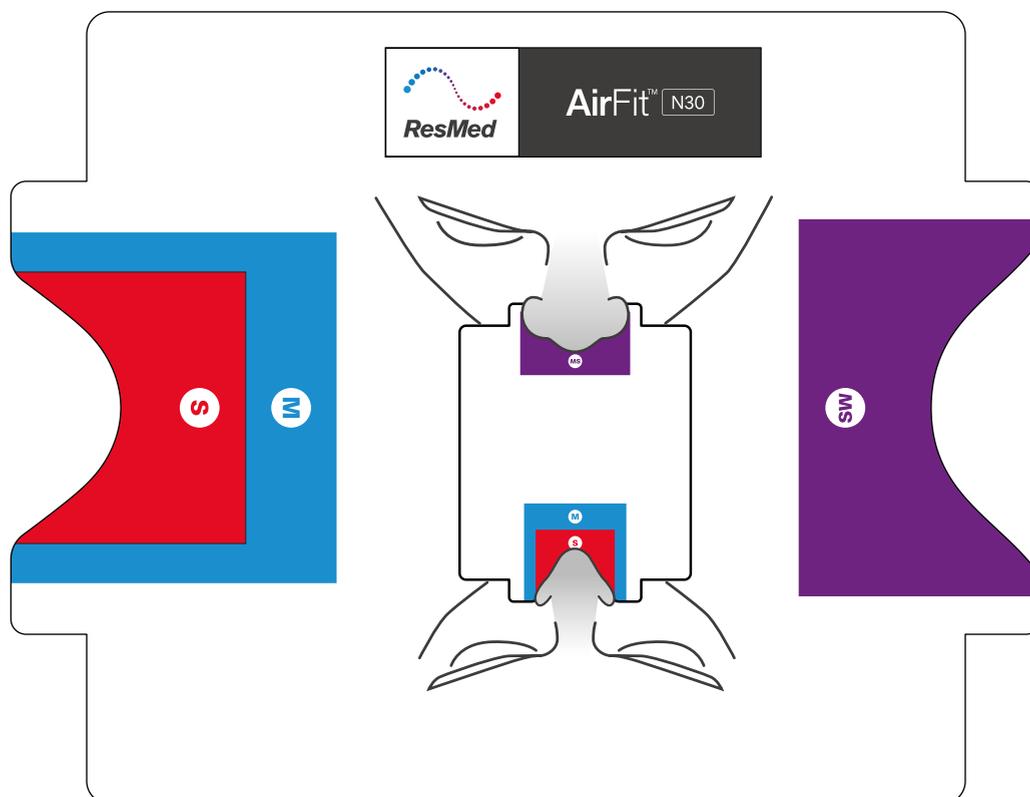
## Simple to fit

The streamlined design of the AirFit N30 means it's quick and easy to fit patients.<sup>1</sup> Simply by varying the cushion size on the N30, you can achieve a good fit for the vast majority of patients. An accurate first-time fit reduces callbacks and refits.

## Sizing tips

**AirFit N30 has three interchangeable cushion sizes** - small, medium and small wide.

We recommend that you refer to the mask fitting template to gauge which size is the most suitable for each of your patients.



## Fitting guide for AirFit N30



- While holding the nasal cradle cushion away from the nose, make sure the cushion size (SML, MED or SML-WIDE), and left (L) and right (R) indicators are facing towards you. Place the nasal cradle cushion under the nose.



- Pull the adjustable headgear over the head by holding the bottom band and guiding it around the back of the head. The top band should sit comfortably on the crown of the head.



- Briefly pull the nasal cradle cushion away from the nose, and then place it back under the nose to ensure the cushion fits well.



- To achieve a comfortable fit, spread the split bands on the headgear apart to loosen the mask or draw them closer together to tighten the mask.



- To fix a mask leak, adjust the headgear by pulling it through the single side-clip. Adjust it just enough for a comfortable seal. Do not overtighten. You may need to adjust the headgear over time.



- The mask is now fitted and ready to use.

Refer to the user guide for further instructions.



### Additional options

- For patients with long hair, we recommend feeding it through the back of the headgear.
- If tied in a ponytail, it should sit high enough to fit comfortably through the split strap on the headgear.



This is for them.

1 ResMed external clinical study of 18 patients for 7 nights, conducted between 12/02/2019 - 25/05/2019, Data on file; ID A4547452.  
2 Sound power level of 25 dBA - AirFit N30 user guide, ResMed Pty Ltd 2019. ID A4647676.

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